Fourth Sunday in Ordinary Times

Year A.

29th January 2023.

Parish Priest:

Fr Bryan Roe Email: roeb@bne.catholic.net.au

Place of Worship:

St Benedict's Catholic Primary School Hall 22 St Benedict's Close, Mango Hill 4509.

<u>Mass Times:</u>

Friday -	9.00am (resumes Feb 10)
Saturday -	4.00pm
Sunday -	8.30am and 5.30pm

Parish Secretary:

Renae Smyth-Scott admin.northlakes@bne.catholic.net.au

Parish Office:

Address:	Level 2/12 Endeavour Blvd	
	North Lakes, Qld 4509	
Postal:	PO Box 1602	
	North Lakes, Qld 4509	
Phone:	34901768 or 0401550638	
admin.northlakes@bne.catholic.net.au		

Office Hours:

Mon - Thurs	8.30am - 2.30pm
Friday	Closed.

Parish Youth:

Coordinator: Chrisma Shaji Phone: 0423 503 546 Email: sbparishyouth@outlook.com Gather Friday evenings , 6.30pm - 8pm

Parish Safeguarding:

Email: northlakes.slr@bne.catholic.net.au STOPline: Ph - 1300 304 550 STOPline: Em - AOB@stopline.com.au

<u>Parish Website:</u> www.stbenedictscatholicparish.com.au

Parish Facebook Page: https://www.facebook.com/

StBenedictsCatholicParish/

<u>St Vincent de Paul:</u> 1800 Vinnie (1800 846 643)

This Sunday's Readings, 29th January 2023

Zeph: 2:3; 3:12-13
Psalm 145:7-10
1 Cor 1:26-31
Matthew 5:1-12



North Lakes, Mango Hill & Griffin

Fulfilment comes when we Empty Ourselves and Live for God

According to the Oxford dictionary the word "paradox" means a person, thing or situation that has two opposite features and therefore seems strange.

The fifth-century bishop, and Doctor of the Church, St Augustine of Hippo, realised the paradox of the Christian life. Fulfilment, he said, comes not from filling up our lives but from emptying them. The new life that Jesus brings comes from dying to self, not buying for our self. This is what Augustine said: 'Why are you afraid of being poor? Think of the wealth of the kingdom of heaven. People are afraid of poverty; let them be afraid, rather, of iniquity. After the poverty of the just, in any case, will come great prosperity, because there will be complete security; here, on the other hand, the more you increase what are called riches but are really not so, you also increase fear, and you don't put an end to greed. You can find me many rich people, can you find me one who has no worries? He's in a fever to go on getting, he's in a sweat about losing. When can such a slave ever be free?' (Sermo 53A).

In this coming Sunday's Gospel, Jesus begins His great Sermon on the Mount. He begins with the attitudes we are to have to live our lives in relationship with God, and according to God's will (which we are going to hear more about when we continue to hear from the Sermon on the Mount in the coming weeks). The key theme of these attitudes is **detachment**. Detachment from **wealth**. Detachment from **pleasure**. Detachment from **power**. And detachment from **honour**. If we empty ourselves of these things, through living out today's beatitudes in Christ, then true freedom will be ours in Christ, and we will be truly blessed. For we will live lives giving glory and praise to God in all things (St Benedict's Rule Ch: 57, v9).

Commissioning St Benedict's College and St Benedict's Primary School Staff

At our 8:30am Mass this Sunday (January 29) we will be blessing and commissioning the leaders, teachers and staff from both the Catholic schools in our St Benedict's Parish. Please note that we will be reserving the front rows for the College and School staff. I apologise for any inconvenience that this may cause.

Let us welcome the staff of both schools with great joy. Please pray that God will bless them abundantly as they answer God's call to give the students at both schools a high quality Catholic education.

Lenten Resource

Evangelisation Brisbane's Advent and Lenten resources are excellent. This year's Lenten and Easter Octave reflection resource is From Ashes to Hope. It has been written by Shane Dwyer and Janiene Wilson, to provide each of us with the opportunity to spend a few minutes a day calling out to God from our hearts.

Archbishop Mark strongly recommends this resource to us in his foreword writing, "I commend 'From Ashes to Hope' to you as a faithful companion on the journey together through Lent to Easter, the synodal path from death to life."

Based on the readings for each day of Lent, Holy Week and the Easter Octave, this prayer and reflection resource provides an opportunity for each of us to turn the eyes of our hearts to God as God leads us beyond ashes to hope.

The 2023 Resource is available at the Mass Centre for \$5.00 each.

The Week Ahead...

Wednesday 25th January Parish Newsletter Day.

Friday 27th January

** No Friday Mass, while the Building works take place on the Scholl Hall **

6.30pm - St Benedict's Youth Group .

Saturday 28st January

4pm - St Benedict's Parish Mass.

<u>Sunday 29nd January</u>

8.30am - St Benedict's Parish School Staff Commissioning Mass.

5.30pm - St Benedict's Parish Mass.

<u>Parish Office Closed</u> - 22nd December 2022 to 29th January 2023. <u>Parish Office Reopens</u> - 30th January 2023.



Save the Date...

January...

22nd January, 8:am Thanksgiving Mass for Chrisma.

29th January, 8.30am Commissioning Mass for the Staff of our St Benedict's Schools. *March*...

11th March, 9am - 2pm Deanery Retreat for Parishioners and Friends,

Mass Ministry Roster -Week 4.

<u>Saturday 21st January, 4pm</u>

Commentator:	Tbc
Reader 1:	Tbc
Reader 2:	Tbc
Communion Minister:	Neville Williams

Sunday 22nd January, 8.30am

Commentator:	Tbc
Reader 1:	Tbc
Reader 2:	Tbc
Communion Minister:	Tbc

Sunday 22nd January, 5.30pm

Commentator:	
Reader 1:	Ministers to be confirmed
Dondon 2.	commed

Reader 2:

Communion Minister:

** Should you not be able to attend your Ministry Roster, please let the Sacristans know asap or please arrange to swap weeks with another Minister. Thank you.

Lenten Retreat

Lent is a time where we make a concerted effort to connect with God more in prayer, so that we can be blessed with a deeper understanding of the Paschal Mystery (the life, death, and resurrection of Jesus).

This year we have **Shane Dwyer**, co-author of **"From Ashes to Hope"**, directing us in our **Lenten Retreat**. I encourage you all to join us on **Saturday March 11**, from **9am to 2pm at St Mary's Parish Centre**, **Woodford**. As a parish, we will be car pooling. So, please book-in for this retreat using the following link: <u>Northern Rivers</u> <u>Deanery Retreat Booking Form</u>. Please let me know (roeb@bne.catholic.net.au) if you need a lift. It will great to see you there.

Our Christmas Raffle—Thank You!

Thank you to Joy and Mike Gibbs, who raised \$2 106.55 with our Christmas raffle. They work tirelessly to put us all in a good position to build our church.

Joy and Mike would like to thank all of our parishioners and visitors, who supported this raffle. And they make a special thankyou to Officeworks North Lakes, Meatland North Lakes, and our parishioners who very kindly donated prizes. They would also like to congratulate all our lucky winners. And I echo those words of thanks.

Our St Benedict's Youth and Young Adults

At our 8:30am Mass last Sunday we celebrated a wonderful thanksgiving **Mass for Chrisma Shaji.** Thanking her for her great leadership of our youth and young adults at St Benedict's as our Youth Coordinator. Chrisma has served us in this ministry for over five years, leading our youth and young adults to a stronger relationship with Jesus and each other.

We are blessed to have **Brandon D'Silva and Kali Yopp as newly appointed Youth Coordinators** to build on the great foundation that Chrisma has laid. Please pray for them in this very important ministry for the life of our Church and Parish.

Parish Office will Reopen Next Monday

Our Parish Office will reopen on Monday January 30, 2023. Renae will be very busy next week completing the administration for the parish for the whole of January. So, please don't bombard her with requests to allow her time to settle back in.

Have a great week everyone, as humble servants and friends of the Lord,

Fr Bryan.

NORTHERN DEANERY LENTEN RETREAT: "From Ashes to Hope" Saturday March 11th 2023, 9am to 2pm. St Mary's Parish Centre, 16 Peterson Road, Woodford

Parishioners and Friends are invited to attend the Northern Deanery Lenten Retreat, where you will receive friendship, a nice morning tea, fresh country air, spiritual satisfaction, food for thought, and a personal message to you of hope that Jesus will place in your heart. Shane Dwyer from Evangelisation Brisbane will be our Retreat facilitator and will speak on the topic of "From Ashes to Hope."

The day will begin at 9 am and will finish at 2pm after Mass.

This is a free Retreat, with morning tea provided, but please bring along your own lunch and water bottle.

- Please come along, we would love to see you there. The Retreat will be ideal preparation for Easter.
- For any enquiries please contact St Benedict's Parish Office on 34901768 or email admin.northlakes@bne.catholic.net.au

To book, please complete the booking form via the link:- <u>Northern Rivers Dean-</u> ery Retreat Booking Form

Communion Ministers - Face Mask Reminder

A gentle reminder to our Communion Ministers.

If you could kindly remember to bring your face mask with you, when you are rostered on for Communion Ministry Roster please.

Alternatively; Face Masks are available for sale from the Sacristy for \$1.00 each.

Safeguarding is everyone's responsibility.



Respect & Protect.

St Benedict's Parish Safeguarding.

The Archdiocese has reviewed the requirements for Parish Volunteers who are required to hold a Blue Card and/or a Police Check:-

- Most Parish Volunteers are NOT required to have a Blue Card/ Police Check unless they are working directly with children or vulnerable adults for our Parish or hold particular roles.
- If the you are required to hold or renew your Blue Card/Police Check, our Parish Office will be in contact with you directly. Thank you.

If you wish to become a volunteer for St Benedict's the Welcome Portal is:- <u>http://archbne.org/welcome</u>

Please remember in your

Prayers.

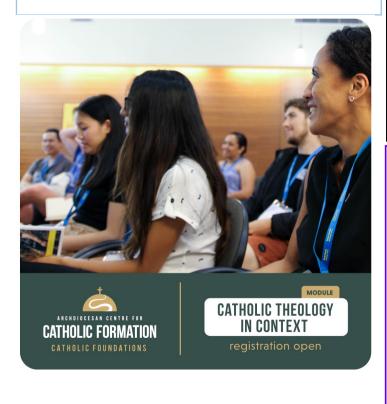
Those who are Unwell: Sophie Allen, Father Mick Lowcock, Margaret Cafferty.

Those whose Anniversaries occur at this time:

Our Dear Recently Departed: Mary Loveday

St Benedict's Prayer Network - Prayer Requests

Prayer requests are always welcomed, please fill in your details using one of the following methods: email to <u>sbparishprayerhub@gmail.com</u>, or online requests: <u>St Benedict's Prayer Request Form</u> or via the prayer box available at the Welcome Table at Mass. All requests will be submitted to the team and will be prayed for two weeks. A new request will be needed after 2 weeks.



Covid-19 Awareness

PLEASE may we <u>refrain from coming to Mass if we have any</u> <u>cold or flu symptoms</u>. And, may we wear a mask, socially distance, and sanitise our hands regularly to help prevent the spreading of this very contagious virus.

We unfortunately continue to experience Parishioners and Friends in our community coming down with COVID. We wish them well.

Please, may we continue to keep each other and ourselves safe by :-

** Stay home if you are sick or showing signs/symptoms of illness.

** Feel free to bring and wear your face mask. Masks are recommended when you cannot socially distance.

** Maintain good hand hygiene, sanitizer is provided.

** Please do not shake hands, hug, or kiss hello. These actions are not COVID safe.

Thank you for your commitment.



'From Ashes to Hope', A resource for Lent and the Easter Octave 2023

The team from Evangelisation Brisbane has again developed a wonderful new Lent and Easter Octave reflection resource for 2023:-

From Ashes to Hope.

This wonderful resource has been written by Shane Dwyer and Janiene Wilson, to provide each of us with the opportunity to spend a few minutes a day calling out to God from our hearts.

Based on the readings for each day of Lent, Holy Week and the Easter Octave, this prayer and reflection resource provides an opportunity for each of us to turn the eyes of our hearts to God as God leads us beyond ashes to hope.

The 2023 Resource will be available at the Mass Centre from Sunday 1st January 2023, for \$5.00 each.

Further details about the 2023 Lenten Prayer group gatherings will be published in coming weeks.

<u>Congratulations and Welcome into the</u> <u>CATHOLIC FAMILY</u>

On Sunday 8th January 2023 we welcomed into the Catholic Family,

Fallyn, Freya and Jayce,

as they received the Sacrament of Baptism, with us at St Benedict's Parish.

May Fallyn, Freya and Jayce, together with their family and their friends, experience God's happiness, joy and love, now and always.

We respectfully acknowledge the Gubbi Gubbi and Ningi Ningi people, as the traditional owners and caretakers of the land which is the St Benedict's Parish.

We acknowledge the Elders, past and present. May we, too, be good stewards of this land.

Our faith sustains us through challenging times. Now, more than ever, your support is needed to help our Parish to continue valuable pastoral activities and to provide ongoing sustainability. To assist you in supporting the <i>St Benedict's Parish</i> , you can now give via the <i>Planned Giving APP</i> : <u>http://parishgiving.brisbanecatholic.org.au</u> Thank you for your kind support.	SACRAMENTAL PROGRAMS 2023 Programs for 2022 have now been completed. We invite families to please contact the Parish Office (admin.northlakes@bne.catholic.net.au) for information in regard to the 2023 Sacramental Programs. Thank you. <u>Confirmation</u> , Children in Grade 3 and above, having already received the Sacrament of Baptism are eligible. <u>First Holy Communion (Eucharist)</u> , Grade 4 and above, having already received the Sacrament of Confirmation, are eligible.			
Constant of the second	Baptism at St Benedict's in 2023. The Sacrament of Baptism at St Benedict's takes place on the First (1st) Sunday of the month. We invite all families wishing to have children Baptised into the Catholic Faith at St Benedict's, to please contact the Parish Office for information and available dates for Baptism Preparation and Baptism in 2023.			
A Constant of the second secon	Please feed for the stress period of the stress NOTE:Parish Office - Closure for Christmas and New Year.The St Benedict's Parish Office will be closed for a Christmas and New Year break:- from 3pm Thursday 22/12/2022, reopening on Monday 30/01/2023 at 8.30am. Please feel free to email the office with any questions or queries during this period, the emails will be responded to after the 30/01/23.Wishing everyone a Happy and Holy Christmas and a Joyous and Safe New Year.			
everyone's responsibility.	Donations received with Thanks, from St Vincent De Paul North Lakes Conference. SVDP received for week ending 08/01/23 - \$0.00			
Giving and Donations:- Week endin	g - Sunday 15th January 2023.			
Loose & Envelopes:-Direct Deposits & CreditBuilding (Church) - TBCBuilding (Church) - TBCParish (Running) - TBCParish (Running) - TBC	Card:- For it is in giving that we receive			
	eartfelt thanks to our Parishioners who have ever so generously I in support of the life and mission of the St Benedict's Parish. We thank you for your continued support.			
St Benedict's Plan	nned Giving			
St Benedict's Planned Giving As a Parish, we have the responsibility of meeting the associated costs of running our Parish. It is with great hope and appreciation that Parishioners and Friends of St Benedict's Parish will help to support our Parish financially and consider contributing to the Parish Planned Giving and Building funds. Our Parish has the following giving options available for those who are willing and able to contribute:-				
l Planned Giving via Direct Debit	e also have available the Plate Collections at Mass, the p N Go facilities and the Parish Plan Giving App (see above)			
Leaving a Legacy; A simple yet powerful way to impact future generations, is to leave a gift to St Benedict's Parish, North Lakes, Mango Hill, Griffin in your will. After you have taken care of your loved ones, you may consider naming St Benedict's Parish to receive a gift, which will continue to make a meaningful and profound difference to your Parish. Pledge cards are available at the Mass Centre for those wishing to contribute to the Parish Planned Giving and or Building Funds by completing these cards and placing them in the Tap'n'Go Collection stand at the entrance of the Mass Centre. Our Office will be in contact after they are submitted. <i>We sincerely thank you for your kind and generous support of the St Benedict's Catholic Parish</i> .				
 <u>Smoke Free School,</u> A reminder to all Parishioners and Friends that smoking is not permitted within school grounds. The law relating to school land applies at all times - during and after school hours, on weekends and during school holidays. Where persons are observed smoking on school grounds or near our school, legislation requires that the person to either stop smoking or move to an area where smoking is permitted. <u>A matter for safety/care and concern,</u> We ask that families please do not allow children to use the playground equipment behind the OSHC building before or after Mass of a weekend as a matter of safety. Thank you 				